

Module 5 Botulinum toxins, fillers, stimulators: Advanced

Registration 08.00-08.30

Faculty: Peter Prendergast, Alice Prethima Michael

Schedule	Day 1: August 31, 2013
08.30	Introduction to advanced applications in aesthetic medicine
09.00	Advancements in aesthetic medicine and future directions Medicine versus surgery: the limits of minimally invasive procedures
09.15	Imaging in aesthetic medicine: new technology for quantitative skin analysis and 3D imaging. How to enhance your practice and grow.
09.45	Coffee
10.15	Botulinum toxins—Advanced indications and technique Review of pertinent toxin studies Anatomy & technique: muscular facial anatomy and technique of injections • Periorbital, eyelids, eyebrows • Perioral, smile reshaping • Nasal tip and dorsum • Facial contouring and lifting • Neck, décolletage • Hyperhidrosis: axillary, palmar, plantar Safety: complications - how to avoid them, how to deal with them Advice tips and pearls from the experts.
11.45	Live demonstrations and hands-on ADVANCED botulinum toxin techniques for all participants
13.00	Lunch
14.00	Fillers: Regional nerve block overview Materials, needles, cannulae and approaches for soft tissue augmentation Ocular rejuvenation using fillers: eyelids, tear trough, infraorbital, supraorbital Nasal contouring Temporal hollows Cheek enhancement: zygomatic and malar augmentation 3D face lifting Advanced techniques for lip augmentation
15.30	Coffee
16.00	Hand rejuvenation using fillers Breast augmentation with biodegradable fillers: past, present, and future

	Safety: complications of fillers - how to avoid them, how to treat them? Advice tips and pearls from the experts
17.00	End of day 1

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Schedule	Day 2: September 1, 2013
08.30	Facial volume enhancement using stimulators Poly-L-lactic acid • Indications • Technique of panfacial volume enhancement using needles and cannulae • Aftercare • Complications Panfacial volume restoration with hyaluronic acid fillers Increasing facial support with calcium hydroxylapatite Permanent fillers: • Polyacrylamide gel: indications and technique
09.45	Coffee
10.15	Live demonstrations and hands-on ADVANCED filler techniques for all participants • Regional nerve blocks • Tear trough & periorbital • Advanced lip augmentation • Temporal hollow augmentation • Nose shaping: temporary and permanent fillers
13.00	Lunch
14.00	Live demonstrations and hands-on ADVANCED filler techniques for all participants • Hand rejuvenation with fillers • Cheek enhancement • 3D vectoring and face lifting • Jawline and chin enhancement • Panfacial volumising using poly-L-lactic acid (Sculptra) • Total facial volume restoration using large volume hyaluronic acid fillers
17.00	Group discussion with Q&A
17.15	MCQ examination
17.45	Presentation of Certificates