

EUROPEAN COLLEGE OF AESTHETIC MEDICINE

Module 1 Botulinum toxins and fillers: Essentials

Course Programme: Registration at 08.00-08.30

Faculty: Peter M Prendergast

Schedule	
08.30	The growing importance of Aesthetic Medicine. Don't be left behind!
08.45	Expanding your practice, improving your skills: An Introduction to ECAM Modules and Fellowship in Aesthetic Medicine
09.00	The aging face: definitions and classifications. How can we help?
09.45	Coffee
10.15	Botulinum toxins: History: Understanding the miracle cure for wrinkles Basic science: mode of action and types of botulinum toxins - what you need to know Indications, contraindications and precautions of use Anatomy & technique: muscular facial anatomy and technique of injections Aftercare and results - creating natural beauty Safety: complications - how to avoid them, how to deal with them Advice tips and pearls from the experts
11.45	Live demonstrations and hands-on training in botulinum toxins for all participants
13.15	Lunch
14.00	Fillers: The filler revolution - applications and new concepts in soft tissue augmentation Basic science: types of fillers - temporary, long lasting and permanent Choosing the right filler Anatomy & technique: injection techniques for achieving best results Anaesthesia - topical, regional and local Safety: complications of fillers - how to avoid them, how to treat them Advice tips and pearls from the experts
15.30	Group discussion and Q & A
15.45	Live demonstration and hands-on training in fillers for all participants
17.30	Presentation of Certificate