

Module 11a Ultrasound-assisted body contouring: Introduction and basic applications

Registration 08.00-08.30. Villa Alba Hospital, Via Roncrio 25, Bologna 40136, Italy

Faculty: Alberto Di Giuseppe, Peter M. Prendergast

Schedule	Day 1
08.30	<ul style="list-style-type: none"> • Introduction to course and ECAM • Body contouring in aesthetic medicine • History and evolution of ultrasound-assisted lipoplasty • VASER technology • Safety and efficacy
09.15	Tumescent local anaesthesia: Essentials
09.45	Coffee
10.15	Pre-operative considerations <ul style="list-style-type: none"> • Initial consultation: managing expectations • Patient selection and assessment • Pre-operative guidelines and consent • Premedication and marking
11.15	Office set-up <ul style="list-style-type: none"> • Setting up the procedure room • Materials and instruments • Medications • Patient monitoring
11.45	Step-by-step technique <ul style="list-style-type: none"> • VASER lipoplasty I: Abdomen: anterior • VASER lipoplasty II: Flanks
13.00	Lunch
14.00	Introduction to advanced body contouring <ul style="list-style-type: none"> • Contouring thighs • Autologous fat transfer • High-definition abdominal contouring
15.30	Coffee
16.00	Postoperative care for optimising results
16.30	Complications of ultrasound-assisted lipoplasty: how to avoid them, how to treat them
17.00	MCQ examination. Q&A
17.30	End of day 1

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Schedule	Day 2 (Live demonstrations and hands-on training)
09.00	CASE 1: VASER ABDOMEN AND FLANKS <ul style="list-style-type: none">• Hands-on training• Marking & positioning• Incisions and tumescent infiltration• Ultrasound probe selection and delivery• Contouring and aftercare
12.30	Lunch
13.30	CASE 2: VASER ABDOMEN AND FLANKS <ul style="list-style-type: none">• Hands-on training• Marking & positioning• Incisions and tumescent infiltration• Ultrasound probe selection and delivery• Contouring and aftercare
17.30	Presentation of certificates